

Colloids and Surfaces A: Physicochemical and Engineering Aspects

Hydrogen peroxide-responsive micellar transition from spherical to worm-like in  
cetyltrimethylammonium bromide/3-fluorophenylboronic acid/fructose system

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## Highlights

- A novel hydrogen peroxide ( $\text{H}_2\text{O}_2$ )-responsive micellar system was prepared.
- The viscosity of the micellar system drastically increased depending on the  $\text{H}_2\text{O}_2$  concentration.
- Cetyltrimethylammonium-bromide-based worm-like micelles are formed by adding 3-fluorophenol.
- 3-Fluorophenylboronate-fructose ester reacts with  $\text{H}_2\text{O}_2$  to convert 3-fluorophenol.

## ABSTRACT

In this study, we successfully prepared a novel hydrogen peroxide ( $\text{H}_2\text{O}_2$ )-responsive micellar system, whose viscosity drastically changes depending on  $\text{H}_2\text{O}_2$  levels. The cationic surfactant cetyltrimethylammonium bromide (CTAB)/3-fluorophenol (3FPhOH) and CTAB/3-fluorophenylboronic acid (3FPBA) systems exhibited high viscosity. The viscosity of the CTAB/3FPBA system significantly decreased with the addition of fructose (Fru). The zero-shear viscosity of the CTAB/3FPBA/Fru system with 40 mM  $\text{H}_2\text{O}_2$  increased  $4 \times 10^4$ -fold in comparison to that without  $\text{H}_2\text{O}_2$ . We confirmed that both the CTAB/3FPhOH and CTAB/3FPBA/Fru

with  $\text{H}_2\text{O}_2$  systems form worm-like micelle (WLM) structures based on their rheological properties. The results of dynamic light scattering measurements supported the micellar transition with the addition of  $\text{H}_2\text{O}_2$ . We successfully demonstrated  $\text{H}_2\text{O}_2$ -responsive micellar transition from spherical/shorter rod-like micelles to long WLMs. We utilized the two reactions in the CTAB-based micellar system to control micellar transitions and viscosities: (i) Phenylboronic acid (PBA) forms a reversible cyclic ester structure with Fru and (ii) PBA reacts with  $\text{H}_2\text{O}_2$  to convert phenol.

## 1. Introduction

Recently, smart materials, whose viscoelasticity changes in response to external stimuli, have garnered increasing attention. In particular, smart hydrogel can be used in drug delivery systems, analytical chemistry, and cell engineering [1–3]. Viscoelastic materials are categorized into two main types: those based on polymers and those self-assembled by low molecules.

Worm-like micelles (WLMs) are viscoelastic materials composed of small molecules. Spherical micelles grow into rod- and worm-like structures under appropriate conditions. Although the viscosities of spherical micelle solutions are low,

those of WLMs are high owing to their entanglement. WLMs exhibit unique viscoelasticity, which follows the Maxwell model with a single relaxation time ( $\tau$ ) [4,5]. External stimuli-responsive smart WLMs that respond to diol compounds [6–8], pH shifts [9,10], temperature shifts [11,12], light [13–16], redox [17,18] and CO<sub>2</sub> [19] have been reported and have potential for wide applications [20].

Phenylboronic acid (PBA) or PBA derivatives have been used in WLMs, whose viscosity changes with the addition of diol compounds such as fructose (Fru) or glucose (Glc) [6–8]. The hydroxyl group coordinates with PBA under basic conditions and PBA reversibly reacts with diol compounds to form a cyclic ester structure (Fig. 1a) [21]. Utilizing this response property, extensive research has been conducted on Glc-responsive drug release systems [22], sialic-acid-targeted materials for diagnosis/treatment [23], and Glc sensors [24,25]. In addition, PBA reacts with hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) to convert it to phenol and boric acid (Fig. 1b).

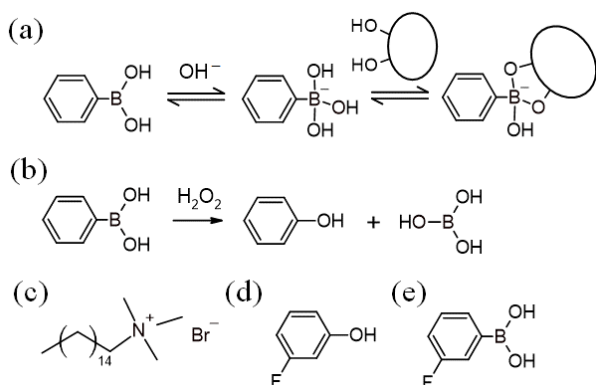


Fig. 1. (a) Acid–base equilibrium of PBA, and the cyclic boronate ester formation with

diol compounds. (b) Reaction scheme of PBA with  $\text{H}_2\text{O}_2$ . Chemical structures of (c) cetyltrimethylammonium bromide, (d) 3-fluorophenol, and (e) 3-fluorophenylboronic acid.

Owing to the reactive nature of PBA and  $\text{H}_2\text{O}_2$ , there have been several studies on the imaging/quantitative analysis of  $\text{H}_2\text{O}_2$  [26,27], stimulus-responsive hydrogels [28–30] and multi-layer films [31].  $\text{H}_2\text{O}_2$ -responsive WLMs have the potential for wide-field applications. However, to the best of our knowledge,  $\text{H}_2\text{O}_2$ -responsive WLMs have not been reported.

The cationic surfactant cetyltrimethylammonium bromide (CTAB, Fig. 1c) is a typical material used in WLMs [20]. Spherical micelles composed of CTAB were transformed into WLMs by adding appropriate aromatic compounds [20]. Adding phenol or phenol derivatives to the CTAB solution induces the transition from spherical micelles to WLMs [32–34]. We expect that by adding  $\text{H}_2\text{O}_2$  to the CTAB/PBA system, PBA would be converted to phenol, which led to transformation of the micellar structure. However, because PBA is moderately similar to phenol in terms of its chemical structure and physicochemical properties, it cannot induce drastic micellar transitions. In addition, adding Fru to CTAB/PBA WLMs shortens and decreases their

viscosity [7].

In this study, we attempted to prepare a novel H<sub>2</sub>O<sub>2</sub>-responsive micellar system whose viscosity drastically increases depending on H<sub>2</sub>O<sub>2</sub>. We utilized the two reactions in the CTAB-based micellar system to control micellar transitions and viscosities: (i) PBA forms a reversible cyclic ester structure with Fru, and (ii) PBA reacts with H<sub>2</sub>O<sub>2</sub> to convert phenol.

## 2. Materials and methods

### 2.1. Materials

CTAB, Fru, hydrochloric acid solution (1 mol/L), sodium hydroxide solution (1 and 8 mol/L), sodium dihydrogen phosphate, disodium hydrogen phosphate, sodium periodate (NaIO<sub>4</sub>), L-ascorbic acid (Asc), sodium chloride (NaCl), and H<sub>2</sub>O<sub>2</sub> aqueous solution (30%) were obtained from FUJIFILM Wako Pure Chemical Co., Osaka, Japan. 3-Fluorophenol (3FPhOH, Fig. 1d) and 3-fluorophenylboronic acid (3FPBA, Fig. 1e) were obtained from the Tokyo Chemical Industry (Tokyo, Japan). Glc and glycine (Gly) were obtained from Sigma-Aldrich (Tokyo, Japan).

### 2.2. Preparation of systems

We used 0.6 M phosphate buffer (pH 7.4) to prepare micellar samples. In the case of 0.1 M CTAB/50 mM 3FPBA/0.2 M Fru/0.6 M phosphate buffer (pH 7.4), the pH was adjusted to 7.3 using sodium hydroxide solution because forming of 3FPBA/Fru-ester promoted dissociation of 3FPBA and led to a lower pH. The prepared mixed micellar systems were stored at 25 °C for more than 24 h after mixing. Samples containing H<sub>2</sub>O<sub>2</sub> were mixed to react sufficiently for more than 24 h before storage.

### 2.3. Observation of appearance

We prepared solutions (1.5 mL) in 6 mL glass vials. Images were captured 10 s after vials were inverted.

### 2.4. Rheological measurements

A stress-controlled rotational rheometer (MCR-102, Anton Paar, Ostfildern, Germany) with a cone plate or concentric cylinder was used for steady and dynamic rheological measurements at 25 °C. For the dynamic viscoelasticity measurements, we fixed the strain ( $\gamma$ ) at 10%.

### 2.5. Foaming studies



We studied the foaming behavior of the micellar systems by referring to previous reports [35,36]. Six milliliters of the micellar solutions were placed in 20 mL vials with a stirrer bar. The samples were vigorously agitated using a magnetic stirrer (F-202H; Tokyo Garasu Kikai, Tokyo, Japan) at room temperature. Subsequently, the samples were stored at 25 °C, and observations and measurements of foam height were conducted.

## 2.6. Particle size measurements

We used a dynamic light scattering (DLS) instrument (Malvern Zetasizer Pro system, Malvern Panalytical, London, UK) equipped with a 4 mW and 633 nm HeNe laser at 25 °C for particle size measurements.

## 2.7. Ultraviolet (UV) spectroscopy

A UV spectrophotometer (UVmini-1240, Shimadzu, Kyoto, Japan) was used to measure the absorbance of 0.2 mM 3FPhOH at 282 nm to determine the  $pK_a$  of 3FPhOH. For the UV absorbance measurement, we used hydrochloric acid solution or sodium hydroxide solution to change the pH.

### 3. Results and discussion

#### 3.1. Visual appearance of micellar systems

We combined 3FPBA and 3FPhOH in a CTAB-based micellar system. 3FPBA was converted to 3FPhOH to react with  $\text{H}_2\text{O}_2$ . We fixed the CTAB concentration at 0.1 M to prepare each micellar system using 0.6 M phosphate buffer (pH 7.4) as a solvent. We defined 0.1 M CTAB/50 mM 3FPBA system and 0.1 M CTAB/50 mM 3FPBA/0.2 M Fru system as system BA and system Fr, respectively. The appearance of the samples is shown in Fig. 2.

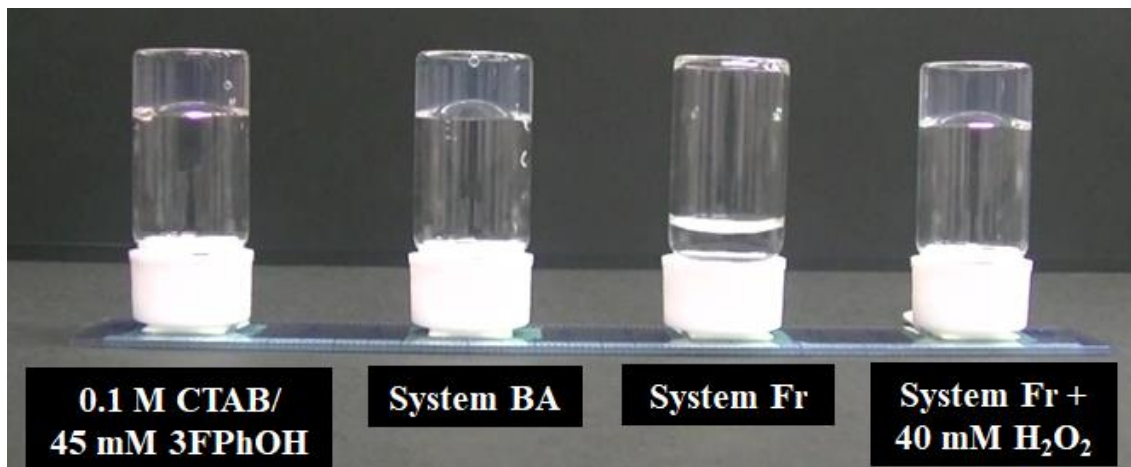


Fig. 2. Visual appearance of 0.1 M CTAB/45 mM 3FPhOH, system BA, system Fr, and system Fr with 40 mM  $\text{H}_2\text{O}_2$ .

The appearances of 0.1 M CTAB/45 mM 3FPhOH and system Fr with 40 mM  $\text{H}_2\text{O}_2$

were pastel magenta and transparent, respectively. The color of pastel magenta was derived from 3FPhOH. The systems BA and Fr were colorless and transparent. The samples of 0.1 M CTAB/45 mM 3FPhOH, system BA, and system Fr with 40 mM H<sub>2</sub>O<sub>2</sub> did not drop in inverted vials after 10 s, and they appeared gel-like (Fig. 2). However, system Fr rapidly dropped in inverted vials.

### 3.2. Steady-state viscosity measurements

We measured the steady-state viscosity to obtain the rheological relationship between the viscosity ( $\eta$ ) and shear rate ( $\dot{\gamma}$ ) (Fig. 3).

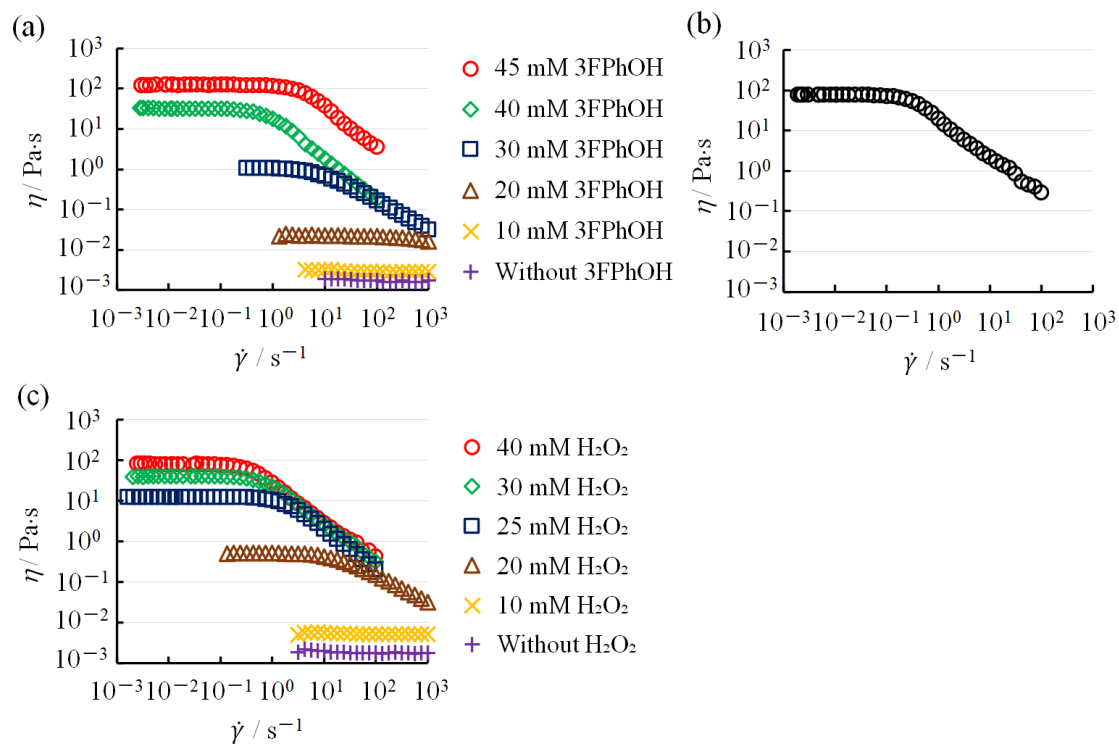


Fig. 3. Relationship between viscosity ( $\eta$ ) and shear rate ( $\dot{\gamma}$ ) in (a) 0.1 M CTAB/3FPhOH, (b) system BA, and (c) system Fr with H<sub>2</sub>O<sub>2</sub>.

Samples of 0.1 M CTAB/45 mM 3FPhOH, system BA, and system Fr with 40 mM H<sub>2</sub>O<sub>2</sub> exhibited higher  $\eta$  (132.1, 80.0, and 77.8 Pa·s, respectively) at lower  $\dot{\gamma}$ . Moreover,  $\eta$  decreased depending on the value of  $\dot{\gamma}$  at more than 0.14 s<sup>-1</sup> for 0.1 M CTAB/45 mM 3FPhOH, 0.17 s<sup>-1</sup> for system BA, and 0.25 s<sup>-1</sup> for system Fr with 40 mM H<sub>2</sub>O<sub>2</sub>. A constant higher  $\eta$  indicates that when slower shear loads are applied to the system, the structure of the system recovers rapidly. Typical WLMs have a unique rheological property [37,38]. We employed the zero-shear viscosity ( $\eta_0$ ) as an index of  $\eta$  by extrapolating  $\eta$  onto the y-axis, which is constant at a lower  $\dot{\gamma}$ . The  $\eta_0$  of system BA and system Fr without H<sub>2</sub>O<sub>2</sub> were 80.0 Pa·s and 2.0 mPa·s, respectively (Fig. 3b and c). The  $\eta_0$  of system BA significantly decreased to 1/40,000 after adding 0.2 M Fru. This result is consistent with a previous study [7], where Fru was effective in decreasing the viscosity of CTAB/3FPBA micellar systems. In 0.1 M CTAB/3FPhOH,  $\eta_0$  increased with increasing 3FPhOH concentration,  $\eta_0$  of 45 mM 3FPhOH increased from 2.5 mPa·s to 132.1 Pa·s, and this was a 5×10<sup>4</sup>-fold increase in comparison to the solution without 3FPhOH (Fig. 4a). In system Fr,  $\eta_0$  increased with increasing H<sub>2</sub>O<sub>2</sub>

concentration,  $\eta_0$  of 40 mM  $\text{H}_2\text{O}_2$  increased from 2.0 mPa·s to 77.8 Pa·s, and this was a  $4 \times 10^4$ -fold increase in comparison to the solution without  $\text{H}_2\text{O}_2$  (Fig. 4b). To demonstrate the selectivity of  $\text{H}_2\text{O}_2$ , we used  $\text{NaIO}_4$  (oxidant), Asc (antioxidant agent), Glc (diol compound), Gly (amino acid), and NaCl (salt) as control additives for Fr. The values of  $\eta_0$  after the addition of additives at the concentration of 20 mM or 40 mM were similar to those without  $\text{H}_2\text{O}_2$  (1.7–2.7 mPa·s) (Fig. 4c). Thus, it was successfully demonstrated that the viscosity of system Fr can be increased without using any control additives in relation to that with  $\text{H}_2\text{O}_2$ .

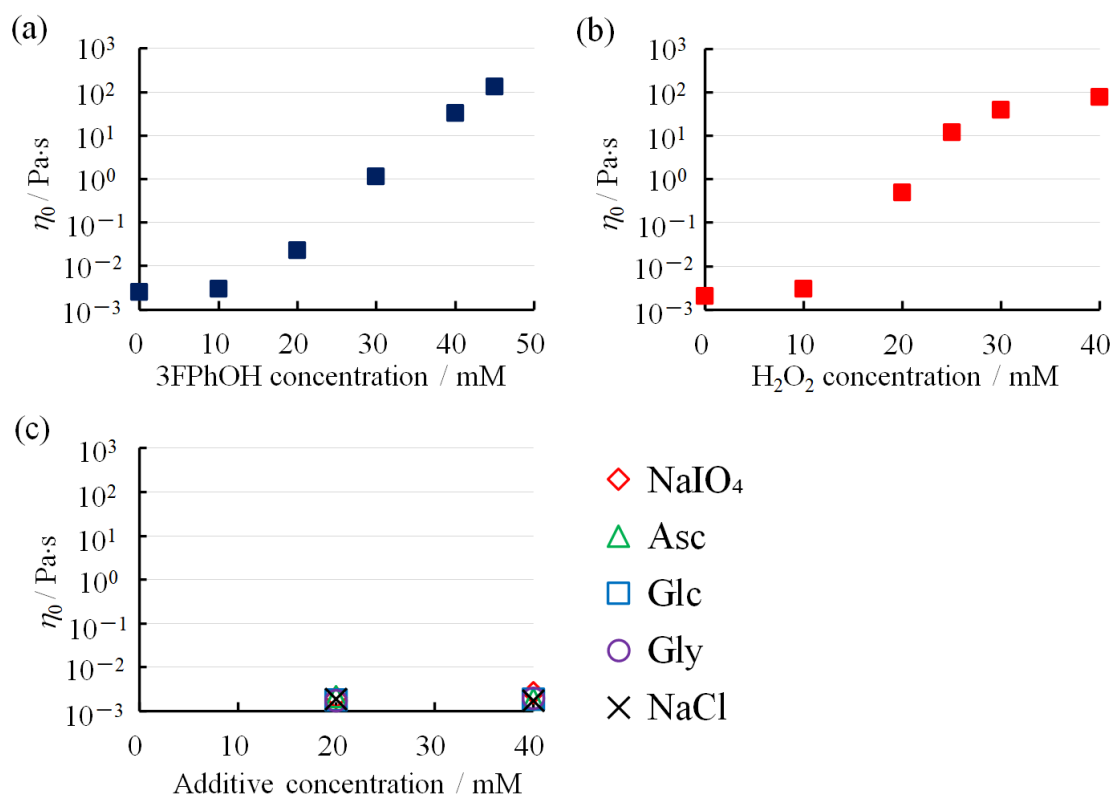


Fig. 4. (a) Relationship between  $\eta_0$  and 3FPhOH concentration in 0.1 M CTAB/

3FPhOH, (b) relationship between  $\eta_0$  and H<sub>2</sub>O<sub>2</sub> concentration in system Fr with H<sub>2</sub>O<sub>2</sub>, and (c) relationship between  $\eta_0$  and additive concentration in system Fr with additives.

### 3.3. Dynamic viscoelastic measurements

Dynamic viscoelastic measurements were performed to obtain additional rheological features. Both the storage ( $G'$ ) and loss moduli ( $G''$ ) were obtained at varying frequencies ( $\omega$ ). These parameters are based on the Maxwell model expressed in Eqs. 1 and 2, respectively, as follows:

$$G' = \frac{\omega^2 \tau^2}{1 + \omega^2 \tau^2} \cdot G_0 \quad (1),$$

$$G'' = \frac{\omega \tau}{1 + \omega^2 \tau^2} \cdot G_0 \quad (2),$$

where  $G_0$  denotes the plateau modulus.

We obtained  $\omega_c$ , which denotes the intersection of  $G'$  and  $G''$ , and obtained  $\tau$  according to the following relation [38]:

$$\tau = \frac{1}{\omega_c} \quad (3).$$

The relationship between  $G'$  and  $G''$  at the same  $\omega$  is known as the Cole–Cole plot. If the rheological character explains the Maxwell model with a single  $\tau$ , a perfect semicircular curve is observed in the Cole–Cole plot, as expressed in Eq. 4 [4,39].

$$\left(G' - \frac{G_0}{2}\right)^2 + G''^2 = \frac{G_0^2}{4} \quad (4).$$

In both 0.1 M CTAB/45 mM 3FPhOH and system Fr with 40 mM H<sub>2</sub>O<sub>2</sub>,  $G'$  was less than  $G''$  at a low  $\omega$ , but higher at a high  $\omega$ , and  $G'$  fitted well to the Maxwell model (Fig. 5). This demonstrates that the liquid-like property is stronger in the lower  $\omega$  region, and the gel-like property is stronger in the higher  $\omega$  region. In contrast, in both the 0.1 M CTAB/30 mM 3FPhOH and system Fr with 20 mM H<sub>2</sub>O<sub>2</sub>,  $G'$  was less than  $G''$  at a low  $\omega$ , but slightly higher at a high  $\omega$ , and  $G'$  and  $G''$  did not adequately fit the Maxwell model (Fig. 5). Because the difference between  $G'$  and  $G''$  is insignificant at a higher value of  $\omega$ , the liquid-like property is generally stronger.

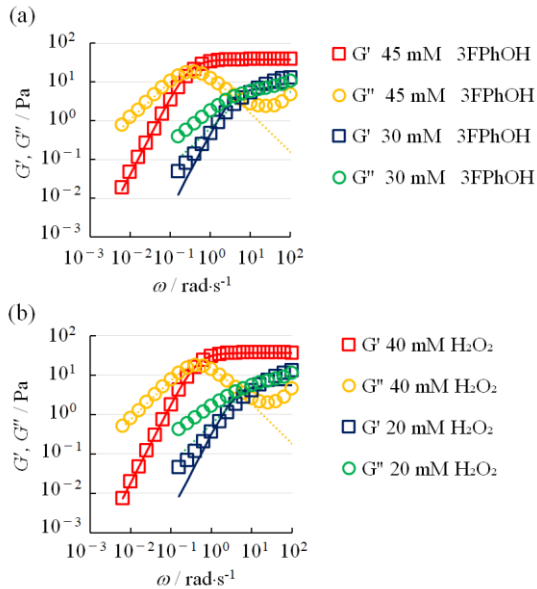


Fig. 5. Relationship between frequency and  $G'$  or  $G''$  in (a) 0.1 M CTAB/3FPhOH and (b) system Fr with H<sub>2</sub>O<sub>2</sub>. The solid and dotted lines represent the curve-fittings according to Eqs. 1 and 2, respectively.

Because typical WLMs have a unique rheological character, which is the drawing of a perfect semicircular curve in the Cole–Cole plot, semicircular plotting in the Cole–Cole plot is one of the methods used to confirm the structure of WLMs [4,37,40]. Although the plotting was not semicircular in 0.1 M CTAB/30 mM 3FPhOH, as the concentration of 3FPhOH increased, the semicircle was almost perfect, and a perfect semicircular curve was obtained in 45 mM 3FPhOH (Fig. 6a).

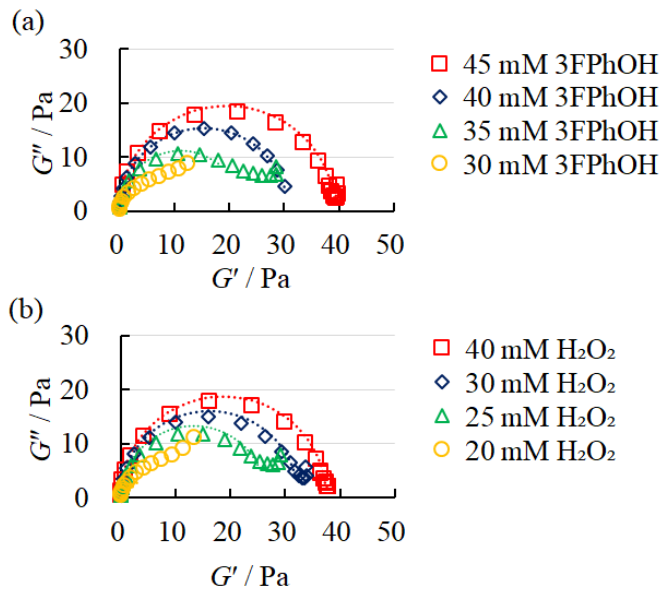


Fig. 6. Cole–Cole plot of (a) 0.1 M CTAB/3FPhOH and (b) system Fr with  $\text{H}_2\text{O}_2$ . The dotted lines represent the curve-fittings from Eq. 4.

In the system Fr with 20 mM  $\text{H}_2\text{O}_2$ , the semicircle was clearly absent. However, the semicircle became almost perfect with increasing  $\text{H}_2\text{O}_2$ , and a perfect semicircle was



observed in system Fr with 40 mM H<sub>2</sub>O<sub>2</sub> (Fig. 6b). It was demonstrated that WLMs structures are formed in 0.1 M CTAB/45 mM 3FPhOH and system Fr with 40 mM H<sub>2</sub>O<sub>2</sub>. Considering that the addition of phenol or phenol derivatives into the CTAB solution induces a transition from spherical micelles to WLMs [32–34], these findings are acceptable.

We discuss the growth of WLMs based on their dynamic viscoelastic properties. The value of  $\tau$  determined from Eq. 3 is an indicator of the entanglement of WLMs, and an increase in  $\tau$  indicates the entanglement of WLMs [37,41]. The value of  $\tau$  increased with the increase in 3FPhOH from 0.01 to 3.13 s in 0.1 M CTAB/3FPhOH (Fig. 7a). Similarly, the value of  $\tau$  increased with the increase of H<sub>2</sub>O<sub>2</sub> from 0.05 to 2.21 s in system Fr with H<sub>2</sub>O<sub>2</sub> (Fig. 7b). These results indicate that an increase in 3FPhOH or H<sub>2</sub>O<sub>2</sub> induces the elongation of WLMs in 0.1 M CTAB/3FPhOH and system Fr with H<sub>2</sub>O<sub>2</sub>.

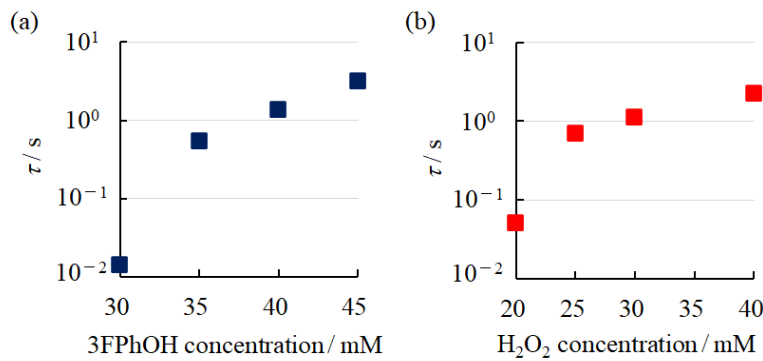


Fig. 7. (a) Relationship between relaxation time ( $\tau$ ) and 3FPhOH concentration in 0.1 M CTAB/3FPhOH. (b) Relationship between  $\tau$  and  $\text{H}_2\text{O}_2$  concentration in system Fr with  $\text{H}_2\text{O}_2$ .

### 3.4. Foaming behavior

The surfactant system is likely to generate and stabilize the foam. Understanding the foaming behavior of micellar systems is useful for several applications in cosmetics, personal care products, and oil recovery. We examined the foaming behavior of system Fr with  $\text{H}_2\text{O}_2$  (Fig. 8).

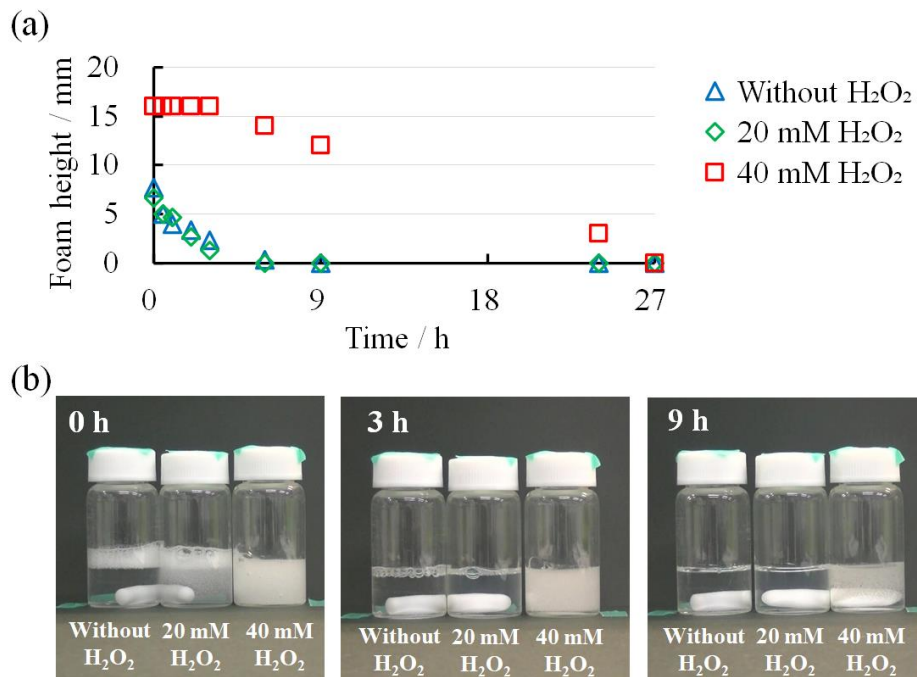


Fig. 8. (a) Relationship between time and foam height in system Fr with  $\text{H}_2\text{O}_2$ , (b)

Visual appearance showing changes of foam height with time in system Fr with 40 mM H<sub>2</sub>O<sub>2</sub>. The height of the glass vial was 57 mm.

In both the samples without H<sub>2</sub>O<sub>2</sub> and with 20 mM H<sub>2</sub>O<sub>2</sub>, the foam height started to decrease from approximately 7 mm at 0.5 h and continued to decrease to 0 mm over 9 h. However, in the samples with 40 mM H<sub>2</sub>O<sub>2</sub>, the foam height was constant until 3 h, and then continued to decrease slowly over 27 h.

### 3.5. DLS measurements

DLS measurements support the evaluation of micellar shape variations [6,19,42–44]. DLS measurements were performed to study the micellar transition upon addition of 3FPhOH or H<sub>2</sub>O<sub>2</sub>. In 0.1 M CTAB/3FPhOH, the size distributions shifted to larger sizes with increasing 3FPhOH (Fig. 9a). The mean particle size (Z-average) of 0.1 M CTAB without 3FPhOH was 8.0 nm (Fig. 9b). This indicates that spherical micelles are formed in 0.1 M CTAB/3FPhOH [43,44].

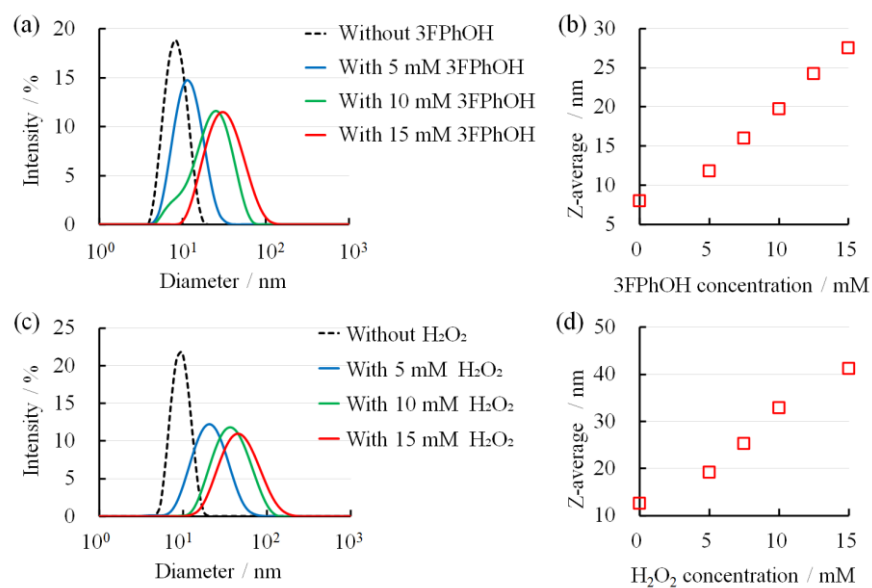


Fig. 9. (a) Size distributions in 0.1 M CTAB/3FPhOH. (b) Relationship between 3FPhOH concentration and Z-average in 0.1 M CTAB/3FPhOH. (c) Size distributions in 0.1 M CTAB/20 mM 3FPBA/0.5 M Fru with H<sub>2</sub>O<sub>2</sub>. (d) Relationship between H<sub>2</sub>O<sub>2</sub> concentration and Z-average in 0.1 M CTAB/20 mM 3FPBA/0.5 M Fru with H<sub>2</sub>O<sub>2</sub>.

The Z-average increased with increasing 3FPhOH from 8.0 to 27.6 nm (Fig. 9b). This demonstrates that the micellar transition from spherical micelles to rod-like micelles was induced by the addition of 3FPhOH into the CTAB system. In 0.1 M CTAB/20 mM 3FPBA/0.5 M Fru with H<sub>2</sub>O<sub>2</sub>, the size distributions also shifted to larger sizes with an increase in H<sub>2</sub>O<sub>2</sub> (Fig. 9c). The Z-average of 0.1 M CTAB/20 mM 3FPBA/0.5 M Fru without H<sub>2</sub>O<sub>2</sub> was 12.6 nm, which was slightly greater than that of 0.1 M CTAB without 3FPhOH (Fig. 9d). It demonstrates that spherical micelles or shorter rod-like micelles

are formed in 0.1 M CTAB/20 mM 3FPBA/0.5 M Fru system [43,44]. The Z-average increased with increasing H<sub>2</sub>O<sub>2</sub> from 12.6 to 41.2 nm (Fig. 9d). This result indicates that rod-like micelles elongated with the addition of H<sub>2</sub>O<sub>2</sub>, which supports the results of the increase in the value of  $\eta_0$  in system Fr with H<sub>2</sub>O<sub>2</sub> (Fig. 4b).

### 3.6. UV spectroscopy

To study the ionized state of 3FPhOH at pH 7.4, we investigated the  $pK_a$  of 3FPhOH through UV spectrophotometry. The relationship between pH and absorbance at 282 nm of 0.2 mM 3FPhOH is shown in Fig. 10.

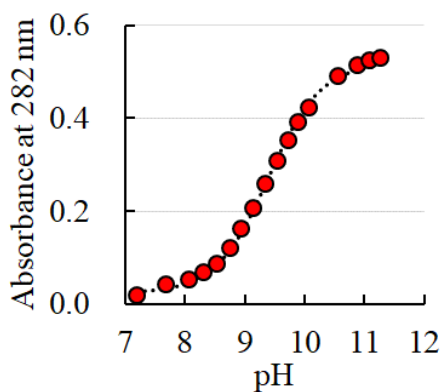


Fig. 10. Absorbance at 282 nm of 0.2 mM 3FPhOH at varying pH values.

From the absorbance profile, the  $pK_a$  of 3FPhOH was determined as 9.39. This value is reasonable because a previous study reported a  $pK_a$  value of 9.28 [45]. The  $pK_a$  obtained indicates that 3FPhOH mainly exists in a molecular form at pH 7.4.

### 3.7. Mechanisms of micellar transition

The presumed mechanisms of micellar transition are shown in Fig. 11.

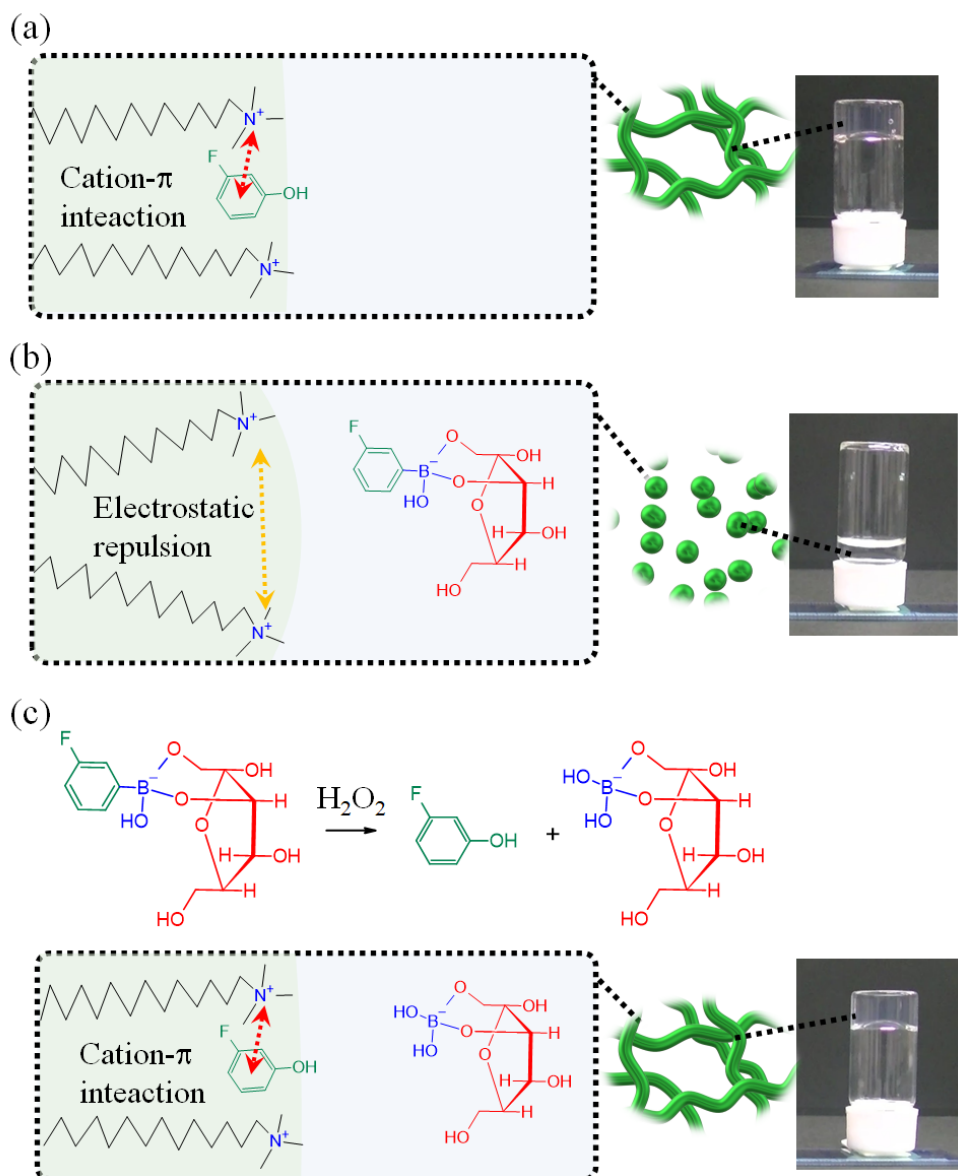


Fig. 11. Presumed mechanisms of micellar transition in (a) 0.1 M CTAB/3FPhOH, (b) system Fr, and (c) system Fr with  $\text{H}_2\text{O}_2$ .

3FPhOH mainly exists in molecular form at pH 7.4 in 0.1 M CTAB/3FPhOH because the  $pK_a$  of 3FPhOH is 9.39. Therefore, it is considered that there is no significant effect of electrostatic interaction between the 3-fluorophenoxide-anion and the quaternary ammonium groups of CTAB. The cation- $\pi$  interactions between the quaternary ammonium ion of CTAB and the benzene ring of aromatic compounds have been studied through  $^1\text{H}$  NMR [46–48] and  $^{19}\text{F}$  NMR spectroscopy [7,8,49]. The occurrence of these interactions is confirmed by the upfield shifts for methyl or methylene groups around the quaternary ammonium groups of CTAB when aromatic compounds coexist in  $^1\text{H}$  NMR. These shifts are attributed to an increase in the electron density around the quaternary ammonium groups of CTAB owing to the interacting benzene ring of aromatic compounds. However, in  $^{19}\text{F}$  NMR, the occurrence of these interactions can be confirmed by downfield shifts of the  $^{19}\text{F}$  signal of fluorobenzene derivatives upon the addition of CTAB. This shift is due to the decrease in the electron density near the aromatic ring owing to the interacting quaternary ammonium groups of CTAB. Numerous aromatic compounds that interact with CTAB have been reported, including sodium salicylate [47], benzoic acid [48], and PBA derivatives [7]. Therefore, the generality of the cation- $\pi$  interactions between CTAB and aromatic compounds is high [48]. The aromatic ring of phenol or phenol derivatives also interacts with the

quaternary ammonium groups of CTAB via cation- $\pi$  interactions [46,50,51]. Thus, it is presumed that the quaternary ammonium groups of CTAB also interact with the aromatic ring of 3FPhOH via cation- $\pi$  interaction in 0.1 M CTAB/3FPhOH (Fig. 11a). The cation- $\pi$  interaction weakens the electrostatic repulsion between the head groups of CTAB. This tightens the packing of CTAB, and the packing state becomes appropriate for WLMs, which induces micellar transformation from spherical to worm-like structures [16,18,40].

In system Fr, Fru forms a cyclic ester with 3FPBA that does not interact with CTAB and exists in the bulk aqueous layer [7] (Fig. 11b). Therefore, the electrostatic repulsion among the head groups of CTAB was stronger than that of CTAB/3FPhOH. This changes the packing state of CTAB, which is appropriate for spherical/shorter rod-like micelles. Consequently, spherical/shorter rod-like micelles that exhibited low viscosity were formed.

In system Fr with H<sub>2</sub>O<sub>2</sub>, 3FPBA in the 3FPBA/Fru ester is converted to 3FPhOH after the addition of H<sub>2</sub>O<sub>2</sub> (Fig. 11c). This led to an increase in the amount of 3FPhOH that interacts with CTAB. Thus, the electrostatic repulsion between the head groups of CTAB weakened. This tightened the packing state of CTAB resulting in a transformation from spherical/shorter rod-like micelles to long WLMs. The generation



of adequate amounts of 3FPhOH by adding H<sub>2</sub>O<sub>2</sub> resulted in a high viscosity. Cleaved boric acid from the 3FPBA/Fru ester exists in the bulk aqueous layer as a Fru-ester or free-form that does not interact with CTAB.

#### 4. Conclusions

We successfully demonstrated H<sub>2</sub>O<sub>2</sub>-responsive micellar transition from spherical/shorter rod-like micelles to long WLMs whose viscosity drastically increases. This study proposed a unique system to control micellar transitions and viscosities by utilizing two operating principles of PBA: (i) PBA forms a reversible cyclic ester structure with Fru and (ii) PBA reacts with H<sub>2</sub>O<sub>2</sub> to convert phenol. In the proposed micellar system, 3FPBA in the 3FPBA/Fru ester converts to 3FPhOH by reacting with H<sub>2</sub>O<sub>2</sub>, and the resulting 3FPhOH interacts with CTAB. This conversion induces a micellar transition from spherical/shorter rod-like micelles to long WLMs.

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